

FOOTBALL MID NORTHCOAST
MALE AND MIXED TEAMS NOMINATION SHEET

(Use for Team Nomination Night)

CLUB.....

CONTACT PERSON(print).....PHONE NUMBER.....

Age Group	No. of Teams	Min. No. of players required Per team	No. of Players registered	Team/s Names
6 yrs		4 v 4 (no GK) Min 3 Max 7		
7 yrs		As Above		
8 yrs		7 v 7 (inc GK) Min 6 Max 11		
9 yrs		As above		
10 yrs		9 v 9 (inc GK) Min 8 Max 14		
11 yrs		As above		
12 yrs		10		
13 yrs		10		
14 yrs		10		
15 yrs		10		
16 yrs		10		
17/18yrs		10		
Zone Men's		12		
Sat League		12		
Over 35's		12		
TOTALS				

MALE AND MIXED TEAMS ONLY

PLEASE NOTE

1. Use this sheet for nominating your Club Teams for Team nomination night.
2. Email to: results@footballmidnorthcoast.com

FOOTBALL MID NORTH COAST
FEMALE TEAMS NOMINATION SHEET

(Use for Team Nomination Night)

CLUB.....

CONTACT PERSON(print).....PHONE NUMBER.....

Age Group	No. of Teams	Min. No. of players required Per team	No. of Players	Team/s Names
6yrs SSF		4 v 4 (no GK) Min 3 Max 7		
12yrs		10		
14 yrs		10		
16yrs		10		
18yrs		10		
FRI LADIES		12		There is no Friday night Ladies competition in the North
SAT LADIES		12		
LADIES Zone		12		
TOTALS				

FEMALE TEAMS ONLY

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