



FMNC Girls Academy Centres – Under 10/11s

Squads - Port Macquarie (Hastings), Kempsey (Macleay), Taree (Manning), Forster/Tuncurry

UNDER 10/11s GIRLS – PLAYER INFORMATION

Trials	<ul style="list-style-type: none"> • Players are expected at both trial dates (if unable to attend both trials, written details are required to be sent to FMNC). • FMNC has squads based in Port Macquarie, Kempsey, Taree and Forster/Tuncurry, players only attend trials in area they are based.
Selections	<ul style="list-style-type: none"> • All selected players will be named on FMNC website and FMNC facebook page. • Selections are completed by a panel of FMNC coaches including Head Coach and FMNC Technical Director with final decision made by Technical Director.
Squad Numbers	<ul style="list-style-type: none"> • Under 10/11s will have a maximum of 13 players and a minimum of 12 players selected per squad – Squad play 9 v 9. • FMNC reserves the opportunity to add identified players to the squad at its absolute discretion.
Training	<ul style="list-style-type: none"> • Squads will have limited training after squad is announced with full training commencing when school resumes late January. • Training is compulsory with a minimum of two sessions per week. • Training will be in based in the area you are trialling. • Training is normally Mondays and Wednesday nights (may change depending on ground availability and coaches' commitments).

<p>Gala Days</p>	<ul style="list-style-type: none"> • The squad will participate in monthly Gala days from February to September on a Sunday plus in-house Gala days against other FMNC Hubs on a Sunday.
<p>Club Football</p>	<ul style="list-style-type: none"> • All players selected must register with a club with-in the FMNC zone.
<p>Selected Players</p>	<ul style="list-style-type: none"> • Selected players need to commit to the training program which is a minimum of 32 weeks. Failure to complete a high percentage of attendance places a player's position in the squad in jeopardy. • Selected players will be required to pay a deposit fee at FMNC fitting day to secure position (fitting day date TBC).
<p>Participation Fee</p>	<ul style="list-style-type: none"> • \$300.00 • Fees include - Training kit (shirt, socks), playing kit (shirt, shorts, socks) light fees, ground maintenance, referees, presentation, all coaching, registration fee etc.