



FMNC Skill Acquisition Program – Under 12s (Metro)

Squads – North and South

UNDER 12s SAP METRO – PLAYER INFORMATION

<p>Trials</p>	<ul style="list-style-type: none"> • Players are expected at both trial dates (if unable to attend both trials, written details are required to be sent to FMNC). • FMNC has squads based in Port Macquarie (North) and Forster/Tuncurry OR Taree (South), depending on trials. Players only attend trials in area they are based.
<p>Selections</p>	<ul style="list-style-type: none"> • All selected players will be named on FMNC website and FMNC facebook page. • Selections are completed by a panel of FMNC coaches including Head Coach and FMNC Technical Director with final decision made by Technical Director.
<p>Squad Numbers</p>	<ul style="list-style-type: none"> • Under 12s will have a maximum of 13 players and a minimum of 12 players selected per squad – Squad play 9 v 9. • FMNC reserves the opportunity to add identified players to the squad at its absolute discretion.
<p>Training</p>	<ul style="list-style-type: none"> • Squads will have limited training after squad is announced with full training commencing when school resumes late January. • Training is compulsory with a minimum of two sessions per week. • Training will be in based in the area you are trialling. • Training is normally Mondays and Wednesday nights (may change depending on ground availability and coaches' commitments).

<p>Competition</p>	<ul style="list-style-type: none"> • Weekly competition with Newcastle Jets, Hunter Valley, Newcastle SAP, Macquarie Football. • Home fixtures in Port Macquarie and Taree with most away fixtures at LMRFF, Speers Point, Newcastle.
<p>Club Football</p>	<ul style="list-style-type: none"> • Selected players are not eligible for local club football as U12s Metro is a weekly competition with matches on either Saturday or Sunday.
<p>Selected Players</p>	<ul style="list-style-type: none"> • Selected players need to commit to the training program which is a minimum of 36 weeks. Failure to complete a high percentage of attendance places a player's position in the squad in jeopardy. • Selected players will be required to pay a deposit fee at FMNC fitting day to secure position (fitting day date TBC).
<p>Participation Fee</p>	<ul style="list-style-type: none"> • \$880.00 • Fees include - Nike training kit (shirt, shorts, socks), Nike playing kit (shirt, shorts, socks), Nike ball, water bottle, light fees, ground maintenance, referees, presentation, all coaching, administration, registration fee etc.