



## FMNC Skill Acquisition Program – Under 10s and 11s

Squads - Port Macquarie (Hastings), Kempsey (Macleay), Taree (Manning), Forster/Tuncurry

### UNDER 10s AND 11s SAP – PLAYER INFORMATION

<p><b>Trials</b></p>	<ul style="list-style-type: none"> <li>• Players are expected at both trial dates (if unable to attend both trials, written details are required to be sent to FMNC).</li> <li>• FMNC has squads based in Port Macquarie, Kempsey, Taree and Forster/Tuncurry, players only attend trials in area they are based.</li> </ul>
<p><b>Selections</b></p>	<ul style="list-style-type: none"> <li>• All selected players will be named on FMNC website and FMNC facebook page.</li> <li>• Selections are completed by a panel of FMNC coaches including Head Coach and FMNC Technical Director with final decision made by Technical Director.</li> </ul>
<p><b>Squad Numbers</b></p>	<ul style="list-style-type: none"> <li>• Under 10s will have a maximum of 11 players and a minimum of 10 players selected per squad – Squad play 7 v 7.</li> <li>• Under 11s will have a maximum of 13 players and a minimum of 12 players selected per squad – Squad play 9 v 9.</li> <li>• FMNC reserves the opportunity to add identified players to the squad at its absolute discretion.</li> </ul>
<p><b>Training</b></p>	<ul style="list-style-type: none"> <li>• Squads will have limited training after squad is announced with full training commencing when school resumes late January.</li> <li>• Training is compulsory with a minimum of two sessions per week.</li> <li>• Training will be in based in the area you are trialling.</li> </ul>

	<ul style="list-style-type: none"> <li>• Training is normally Mondays and Wednesday nights (may change depending on ground availability and coaches' commitments).</li> </ul>
<b>Gala Days</b>	<ul style="list-style-type: none"> <li>• The squad will participate in the NNSWF Country SAP monthly Gala days normally at C.EX International Stadium, Coffs Harbour which are held on Sundays (February and March are weekend events) and will also attend 4 or more Metro gala days at the NNSWF home of Football, Speers Point.</li> <li>• Squads will play Newcastle Jets, Macquarie Football, NNSWF Newcastle and Hunter Valley at Metro days and will play North Coast Football and Northern Inland Football at Country fixtures.</li> </ul>
<b>Club Football</b>	<ul style="list-style-type: none"> <li>• All players selected must register with a club with-in the FMNC zone.</li> </ul>
<b>Selected Players</b>	<ul style="list-style-type: none"> <li>• Selected players need to commit to the training program which is a minimum of 32 weeks. Failure to complete a high percentage of attendance places a player's position in the squad in jeopardy.</li> <li>• Selected players will be required to pay a deposit fee at FMNC fitting day to secure position (fitting day date TBC).</li> <li>• All financial players selected are eligible for selection in the FMNC State Titles squad that is invited into the NNSWF State Titles, which is a talented player identification tournament conducted in Coffs Harbour each June long weekend.</li> </ul>
<b>Participation Fee</b>	<ul style="list-style-type: none"> <li>• \$740.00</li> <li>• Fees include - Nike training kit (shirt, shorts, socks), Nike playing kit (shirt, shorts, socks), Nike ball, water bottle, light fees, ground maintenance, referees, presentation, all coaching, registration fee etc.</li> </ul>