

General

- Futsal is played with a ball that bounces less than a conventional football.
- Goals measure three metres wide and two metres high.
- Matches are officiated by two referees, one on each touchline.
- When the ball goes out of play, play resumes with a kick-in, goal clearance or corner
- There are no offsides.
- Quick decisions – 4 seconds to restart play!

Duration of matches

- 8's and 10's - Two halves lasting 14 minutes each, with a 1-minute break for half-time.
- 10's and 12's – Two halves lasting 20 mins each, with a 1-minute break for half time.
- Please sign in at officials desk at least 10 min prior to match start time.
- Please be ready to play at match start time.
- A central air horn will be used to start and stop each half.

Rolling substitutions

- Each team starts with one goalkeeper and four outfield players on the pitch.
- Coaches can make as many substitutions as they wish.
- Substitutions can be made without stopping the game.

Infringements and sanctions

- As in football, fouls are penalised with either a direct or indirect free-kick, or a penalty if the foul is committed inside the penalty area.
- Fouls can be sanctioned with red and yellow cards.
- If a player is shown a red card, they can only be replaced on the pitch by a substitute after a mandatory two-minute time penalty. If the team concedes a goal during this time, the substitute may come on before the time penalty has elapsed.

Goalkeepers

- Goalkeepers are free to move anywhere but can only handle the ball inside their own penalty area.
- They are allowed to throw the ball from their area into the opposition half.
- When the ball is in their possession, either in their hands or at their feet, they have four seconds in which to play it to a team-mate.
- GK may only touch the ball again after an opponent has touched it or if they reach the opposition half.

Goal Clearance

- GK must be inside goal area
- All other players must remain out of goal area
- GK must throw ball out of goal area
- Cannot score directly from Goal Clearance



Kick-Off

- Ball must be on the halfway line and still
- Both feet must be on or behind the sideline.
- Opponents 3m from ball
- Cannot score directly from kickoff



Kick-In

- Ball must be on the line and stationary
- Both feet must be on or behind the sideline.
- Opponents 5m from ball

